

Air Fryer Cooking Times

| Food | Temperature | Air Fryer Time |
|-------------------------|-------------|----------------|
| Meat and Seafood | | |
| Brats | 400°F | 8-10 min |
| Burgers | 350°F | 8-10 min |
| Chicken Breasts | 375°F | 22-23 min |
| Chicken Tenders | 400°F | 14-16 min |
| Chicken Thighs | 400°F | 25 min |
| Salmon Filets | 356°F | 8-10 min |
| Meatballs | 375°F | 8-10 min |
| Steak | 400°F | 8-10 min |
| Shrimp | 375°F | 8 min |
| Vegetables | | |
| Baked Potato | 390°F | 40-50 min |
| Carrots | 380°F | 15-20 min |
| Broccoli | 390°F | 7-9 min |
| Brussel sprouts | 350°F | 15-18 min |
| Green Beans | 375°F | 8-10 min |
| Zucchini | 400°F | 8-14 min |
| Fried Food | | |
| Fries | 400°F | 12 min |
| Chips(Potato) | 360°F | 15-17 min |
| Tater tots | 400°F | 4-6 min |
| Mini Calzons | 375°F | 7-8 min |
| Frozen Food | | |
| Salmon 1 ½ inch | 400°F | 10 min |
| Frozen veggies | 390°F | 7-9 min |
| Frozen Meatballs | 400°F | 12-15 min |
| Bakes and Breads | | |
| Cakes | 325°F | 8-10 min |
| Brownies | 325°F | 40-45 min |
| Cupcakes | 325°F | 11-13 min |
| Mains | | |
| Quesadilla | 375°F | 5-7 min |